



January Breakfast Menu

Elementary & Middle School Campus

Mon	Tue	Wed	Thu	Fri
Monthly - January Full Price: \$30.00 Reduced: \$6.00 Daily: \$1.50 Reduced: \$.30	WG = whole grain item Milk Choices include: non fat chocolate or 1% white All Cereals are whole grain.	This institution is an equal opportunity employer. Hot and Cold Cereals Available	3 WG Nutri—Grain Bar Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	4 WG Applesauce Muffin Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice
7 WG Pop Tart Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	8 WG Mini Long John Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	9 WG Banana Bread Slice Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	10 Egg and Cheese Omelet Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	11 WG Toast w/ Peanut Butter or Jelly Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice
14 WG Frudel Strudel Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	15 Hard Boiled Egg Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	16 WG French Toast Sticks Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	17 WG Bagel w/Cheese or Peanut Butter Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	18 End of 2nd Qtr. No Classes
21 WG Pancake Bites Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	22 WG Pop Tart Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	23 Yogurt Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	24 WG Cereal Bar Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	25 WG Blueberry Break- fast Cake Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice
28 WG Frudel Strudel Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	29 WG Mini Donuts Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	30 WG English Muffin w/ Cheese, Jelly or Peanut Butter Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	31 WG Nutri- Grain Bar Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice	