



January Breakfast Menu

Elementary & Middle School

Mon	Tue	Wed	Thu	Fri
Monthly - January Full Price: \$30.00 Reduced: \$6.00 Daily: \$1.50 Reduced: \$.30 This institution is an equal opportunity Employer.	WG = whole grain item Milk Choices include: non fat chocolate or 1% white All Cereals are Whole Grain	3 WG Nutri- Grain Bar Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	4 WG Cereal Bar Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	5 WG Applesauce Muffin Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice
8 WG Pop Tart Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	9 WG Mini Long John Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	10 WG Banana Bread Slice Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	11 Egg and Cheese Omelet Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	12 WG Toast w/ Peanut Butter and Jelly Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice
15 WG Frudel Strudel Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	16 Hard Boiled Egg Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	17 WG French Toast Sticks Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	18 WG Bagel w/ Cheese or Peanut Butter Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	19 No Classes End of 2nd Quarter Teacher In-Service
22 WG Pop Tart Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	23 WG Breakfast Sandwich Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	24 Yogurt Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	25 WG Cereal Bar Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	26 WG Blueberry Breakfast Cake Assorted Hot and Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice
29 WG Frudel Strudel Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	30 WG English Muffin w/ Cheese, Jelly or Peanut Butter Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice	31 WG Mini Donuts Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice		