



January Lunch Menu

Elementary & Middle School

Mon	Tue	Wed	Thu	Fri
Monthly - January Full Price: \$52.00 Reduced: \$8.00 Daily: \$2.60 Reduced: \$.40 Extra Entrée: \$ 1.50 (a la carte) Adults: \$3.25	Other fruit choices are available daily WG = whole grain item Milk Choices: non fat chocolate or 1% white Salad Bar offered daily at Middle School and most days at Elementary	3 WG Mini Corn Dogs Pizza Burger on WG Bun Chips Corn/ Carrots Pineapple Milk Choice	4 WG Breaded Chicken Patty or Hot Ham and Cheese on WG Bun Crinkle Fries Baked Beans/ Peas Pears Milk Choice	5 Tacos WG Hard or Soft Shells WG Turkey and Cheese Wrap Baby Carrots Green Beans/ Beets Applesauce Milk Choice
8 Hamburger or Cheeseburger on WG Bun Hot Dog on WG Bun Potato Wedges Corn/ Peas Applesauce Milk Choice	9 WG Italian Fries w/ Sauce WG Lasagna Fresh Veggies Broccoli/ Calif. Blend Peaches Jell-O Milk Choice	10 WG Walking Tacos WG Ham and Cheese Sub Baby Carrots Baked Beans/ Beets Mandarin Oranges Milk Choice	11 WG Chicken Nuggets WG Chicken Quesadilla Cheesy Potatoes Green Beans/ Corn Fresh Fruit Milk Choice	12 Grilled Cheese on WG Bread WG Fish Nuggets WG Fish Crackers Tomato Soup Carrots/ Peas Strawberries Milk Choice
15 WG Popcorn Chicken WG Mini Meatball Sub Smile Fries Baked Beans/ Peas Mixed Fruit Milk Choice	16 WG Chicken Strips Chef Salad WG Pretzel Stick Corn/ Green Beans Mandarin Oranges Milk Choice	17 WG Spaghetti with Meat Sauce or Cheese Sauce WG Bread Stick Cheese Stick Broccoli / Calif. Blend Pears Milk Choice	18 Soup and Sandwich Ham and Cheese, Egg Salad or PB and J on WG Bread Chicken Noodle or Chili Chips Carrots/Corn Craisins Milk Choice	19 No Classes End of 2nd Quarter Teacher In-Service
22 WG Pizza Cheese or Pepperoni BBQ Rib on WG Bun Tater Tots Baked Beans/ Green Beans Peaches Milk Choice	23 WG Chicken Nuggets Chicken Teriyaki w/ WG Rice WG Dinner Roll Carrots/ Peas Pineapple Pudding Milk Choice	24 WG Mini Corn Dogs WG Macaroni and Cheese Fresh Veggies Carrots/ Corn Strawberries Milk Choice	25 Turkey or Ham Mashed Potatoes WG Rice WG Dinner Roll Corn/ Peas Fresh Fruit Milk Choice	26 WG Pizza Dippers w/ Sauce Sloppy Joe on WG Bun Crinkle Fries Broccoli/ Calif. Blend Applesauce Milk Choice
29 Brunch for Lunch WG Choc. Muffin WG French Toast Sticks Scrambled Eggs Sausage Hash Browns Baked Beans Fruit or Juice Milk Choice	30 WG Super Nachos WG Turkey and Cheese Wrap Carrot and Celery Sticks Broccoli/ Corn Mandarin Oranges Milk Choice	31 Hamburger or Cheeseburger on WG Bun Cheesy Dog on WG Bun Potato Wedges Baked Beans/ Peas Mixed Fruit Slushies Milk Choice	This institution is an equal opportunity Employer.	