



# January Breakfast Menu

## Elementary & Middle School

Mon	Tue	Wed	Thu	Fri
<p>Monthly - January Full Price: \$30.00 Reduced: \$6.00 Daily: \$1.50 Reduced: \$.30</p> <p>This institution is an equal opportunity Employer.</p>	<p>WG = whole grain item</p> <p>Milk Choices include: non fat chocolate or 1% white</p> <p>All Cereals are Whole Grain</p>	<p>3 WG Nutri- Grain Bar Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>4 WG Cereal Bar Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>5 WG Applesauce Muffin Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>
<p>8 WG Pop Tart Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>9 WG Mini Long John Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>10 WG Banana Bread Slice Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>11 Egg and Cheese Omelet Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>12 WG Toast w/ Peanut Butter and Jelly Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice</p>
<p>15 WG Frudel Strudel Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>16 Hard Boiled Egg Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>17 WG French Toast Sticks Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>18 WG Bagel w/ Cheese or Peanut Butter Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice</p>	<p>19</p> <p>No Classes End of 2nd Quarter Teacher In-Service</p>
<p>22 WG Pop Tart Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>23 WG Breakfast Sandwich Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>24 Yogurt Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>25 WG Cereal Bar Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>26 WG Blueberry Breakfast Cake Assorted Hot and Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>
<p>29 WG Frudel Strudel Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>30 WG English Muffin w/ Cheese, Jelly or Peanut Butter Assorted Hot or Cold Cereals Fruit Cup Fruit Juice Choice Milk Choice</p>	<p>31 WG Mini Donuts Assorted Hot or Cold Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>		